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From Symptoms to Wholeness

Reflection: The Purpose of Healing

Take a moment to reflect:

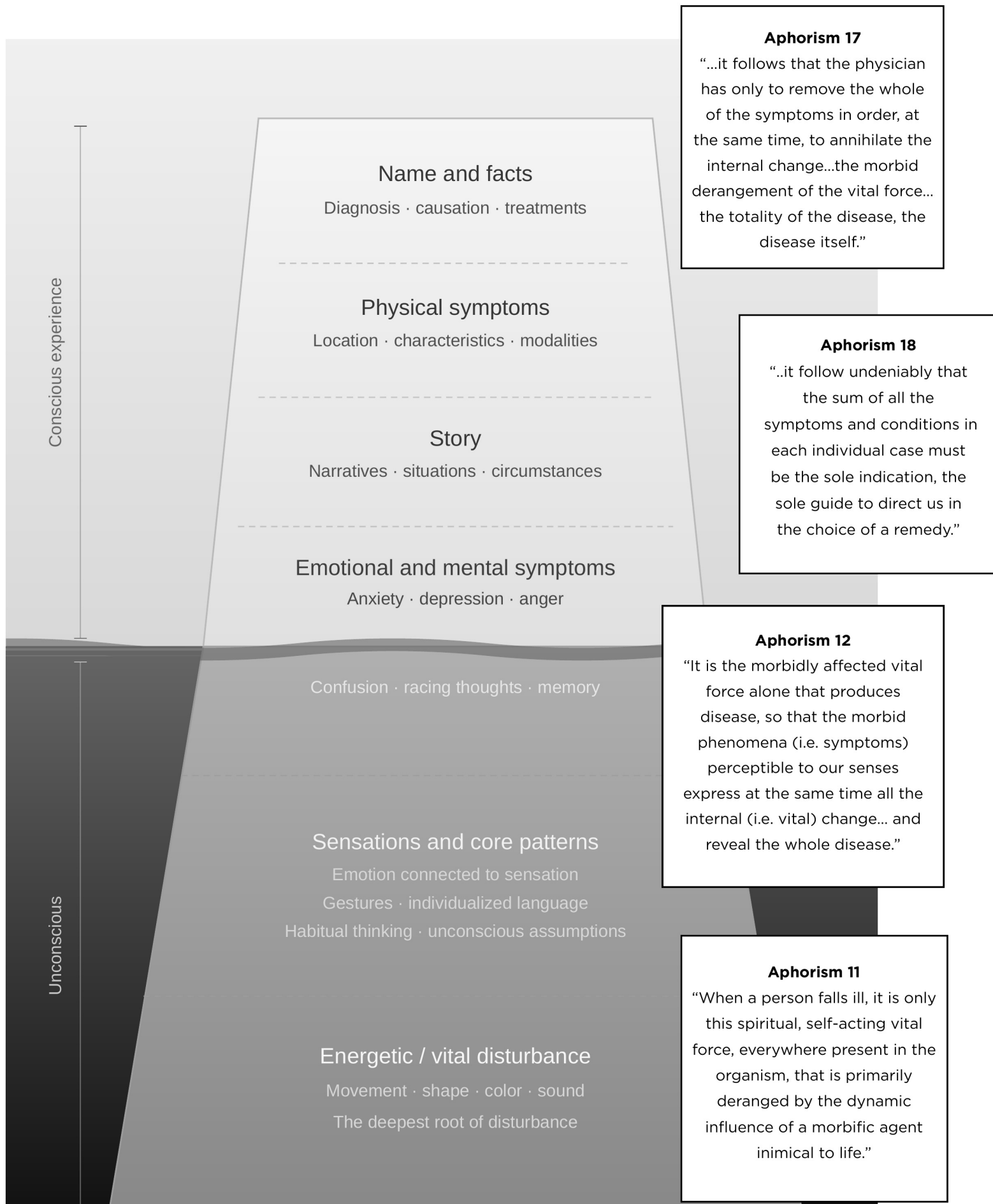
What would your life open up to if your health improved?

Why does healing matter to you personally?

Aphorism 9

“In the healthy condition of man, the spiritual vital force (the dynamis) that animates the material body rules with unbounded sway, and retains all parts of the organism in harmonious vital operation, as regards both sensations and functions, so that our indwelling, reason-gifted mind can freely employ this living, healthy instrument for the higher purposes of our existence.”

Understanding Disease: Levels of Experience





Aphorism 16

“Our vital force cannot be affected otherwise than in a spirit-like (dynamic) way... and cannot be restored by the physician in any other way than by the spirit-like (dynamic) powers of medicines acting upon it.”



Aphorism 27

“The curative power of medicines depends on their ability to produce symptoms similar to those of the disease, so that each individual case is most surely, rapidly, and permanently removed by a medicine capable of producing the most similar and complete symptom picture.”



Aphorism 26

“The homeopathic system develops the inner medicinal powers of substances... through a process of dynamization and potentization, whereby the latent, hidden, dynamic powers are awakened.”



Aphorism 271

“By this process, the crude substance is changed and subtilized into a spirit-like medicinal power... capable of acting upon the vital force of the sick.”

Reflection: Learning Through Healing

Consider:

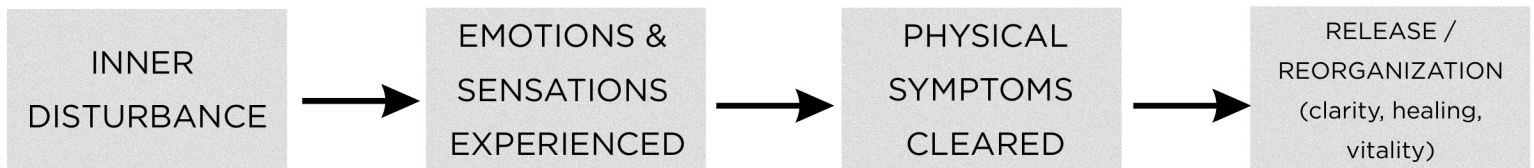
What has your healing journey taught you about yourself?

What has your healing journey revealed about others or the world?

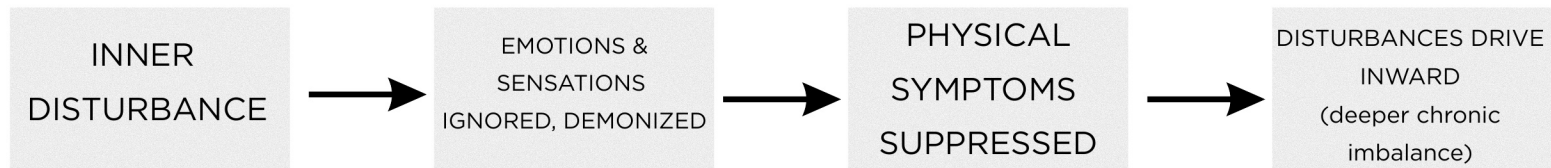
Healing: Symptoms as Communication and Clearing

Symptoms are not random mistakes of the body or enemies to suppress. They are meaningful expressions of the organism's attempt to restore balance and move disturbance toward healing. The diagrams below illustrate two very different paths: expression and suppression.

Expression and Healing



Suppression and Disease



Listening to the Body

- What is my body trying to communicate that my mind may not yet fully understand?
- What emotions, sensations, or experiences do I find most difficult to stay present with?
- What patterns, stresses, or experiences seem to repeatedly show up in my life?
- What quality of healing, growth, or freedom is calling to emerge in me?

“Living with Unbounded Sway”

Imagine yourself in full health.